

WESTFORD ACTIVITY CALENDAR

JANUARY 2021

www.westfordnursinghome.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 HAPPY <i>New Year</i> 2021	2 Mornings with Hilary
3	4 9:00 Body, Mind, Spirit <i>Welcome to</i> <i>Michele and Reita</i>	5 <i>Bird Day</i> 9:00 Body, Mind, Spirit 2:30 Tea Time	6 9:00 Body, Mind, Spirit 2:00 *MOVIE* "Dolphin Tale"	7 <i>Bobble Head Day</i> 9:00 Body, Mind, Spirit (undecorate) 2:00 Winter Hunt	8 9:00 Body, Mind, Spirit (undecorate) 2:00 BINGO!!!	9 Mornings With Hilary
10	11 9:00 Body, Mind, Spirit 11:00 One-on-Ones 2:00 Sing-a-long	12 <i>Kiss a Ginger Day</i> 9:00 Body, Mind, Spirit 11:00 Ladies' Retreat 2:30 Tea Time	13 9:00 Body, Mind, Spirit 2:00 Church	14 9:00 Body, Mind, Spirit 11:00 Therapeutic Activities 2:00 Horse Races	15 <i>Hat Day</i> 9:00 Body, Mind, Spirit 11:30 Book Club 2:00 BINGO!!!	16 Mornings with Hilary
17	18 <i>Thesaurus Day</i> 9:00 Body, Mind, Spirit 11:00 One-on-Ones 2:00 Hymn Sing	19 9:00 Body, Mind, Spirit 2:30 Tea Time	20 <i>Penguin</i> <i>Awareness Day</i> 9:00 Body, Mind, Spirit 2:00 *MOVIE* "Mr. Popper's Penguins"	21 9:00 Body, Mind, Spirit 11:00 Therapeutic Activities 2:00 Bowling	22 9:00 Body, Mind, Spirit 11:30 Book Club 2:00 BINGO!!!	23 Mornings With Hilary
24	25 <i>Opposite Day</i> 9:00 Body, Mind, Spirit 11:00 One-on-Ones 2:00 Sing-a-long	26 9:00 Body, Mind, Spirit 11:00 Men's Retreat 2:30 Tea Time	27 9:00 Body, Mind, Spirit 10:45 Resident Coun. 2:00 Church	28 <i>Kazoo Day</i> 9:00 Body, Mind, Spirit 11:00 Therapeutic Activities 2:00 Curling	29 9:00 Body, Mind, Spirit 11:30 Book Club 2:00 Birthday Celebration	30 Mornings With Hilary
31						Activities are subject to change