

# WESTFORD ACTIVITY CALENDAR

## September 2021

www.westfordnursinghome.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 <b>No Rhyme Nor Reason Day</b> 9-Body, Mind, Spirit 2- *MOVIE*	2 9-Body, Mind, Spirit 2- Horse Races <i>50/50 Draw</i>	3 9-Body, Mind, Spirit 2- BINGO!!!	4 <b>Bird Watching</b> Savenger Hunt
5 <b>Bird Watching</b> Savenger Hunt	6 <b>Labour Day</b>	7 9 -Body, Mind, Spirit  2:30 Ice Cream Social	8 9 -Body, Mind, Spirit  2-Sing-a-Long	9 9-Body, Mind, Spirit  2-Horse Races <i>50/50 Draw</i>	10	11 9-Mornings with Lacey
12 <b>Grandparents Day</b> 9-Mornings with Lacey  WNH Spirit Week	13 9-Body, Mind, Spirit  2-Pictionary  Pajama Day	14 9 - Hilary Time  2:30-Ice Cream Social  Crazy Hair Day	15 9-Body, Mind, Spirit  2-Church with Mary Bernice Allen Crazy Patterns Day	16 9-Body, Mind, Spirit  2-Washer Toss <i>50/50 Draw</i> Dr. Seuss Day	17 9-Body, Mind, Spirit 11-Silver Fox Walk for Terry Fox Run 2-BINGO!!!! Fox Day	18
19	20 9-Body, Mind, Spirit 2-ANTIQUES ROAD SHOW	21 9- Hilary Time  2:30-Ice Cream Social	22 <i>Autumn Begins</i> 9-Body, Mind, Spirit  2- Church with Rev. Carolyn Rushton	23 9-Body, Mind, Spirit  2- BINGO!!! <i>50/50 Draw</i>	24 Punctuation Day!? 9-Body, Mind, Spirit  2-Birthday Celebration	25 9-Mornings with Lacey
26 9-Mornings with Lacey	27 9-Body, Mind, Spirit  2-Hymn Sing	28 <i>good neighbour day</i> 9- Hilary Time  2:30-Tea Time	29 9-Body, Mind, Spirit 10:30-Resident Council(dining room) 2-Ring Toss	30 9-Body, Mind, Spirit  2-Floor Hockey <i>50/50 Draw</i>		
						Activities are subject to change