

WESTFORD ACTIVITY CALENDAR

August 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Please note if weather is decent we will be taking advantage by going outdoors					1
2	3 NB Day  9(IN)-Body, Mind, Spirit NB Trivia 10(IN)-Garden Time 11(IN)-Game in Garden 1(IN)-Movie & Popcorn 	4 Chocolate Chip Cookie Day  9(MP)-Body, Mind, Spirit 10(MP)-Baking Therapy 2(DR)-BINGO!! 2-YoAnne & Tulu Visit 	5 9(IN)-Body, Mind, Spirit 10(IN)-Craft  11(IN)-Magic Table 1:30(IN)- Church with Bernice Allen 2:30(IN)-Ice Cream Sundaes & Travel	6 Root Beer Float Day 9(IN)-Body, Mind, Spirit 10(IN)-Price is Right Game 11(IN)-Root Beer Floats! 2(DR)- BINGO!!	7 9(IN)-Body, Mind, Spirit 10(MP)- Spa Day 2(IN)-Horse Races 2:30-TGIF	8
9 Lobster Fishing Starts Tomorrow 	10 S'mores Day 9(IN)-Body, Mind, Spirit 10(MP)-Washer Toss 11-Room Visits 1:30(IN)-Smores Assemble & Eat 2-Snack Cart	11 Carnival Days 9(IN)-Body, Mind, Spirit 10-Carnival Game 2(DR)- BINGO!! Punch for your prize 	12 Carnival Days 9(IN)-Body, Mind, Spirit 10(IN)-Making Dog Treats 11(IN)-Knitting Club 1:00(IN)-Carnival Game & 2:30-Carnival Cart 	13 Carnival Days 9(IN)-Body, Mind, Spirit 10(MP)- Carnival Games 11(IN)-Guessing Corner 2-(DR)-Bingo!! Punch for your prize! 	14 9(IN)-Body, Mind, Spirit 10(IN)-Senior Games with Max & Marcie  2(IN)-Acadian Day 2:30-Snack Cart	15 Acadian Day 
16	17 9(IN)-Body, Mind, Spirit 10(IN)- Magic Table  & M.P Room Activities 2(IN)-Balloon Volley ball 2:30-Snack Cart	18 9(IN)-Body, Mind, Spirit 10-Concrete Craft 11-Room Visits 2(DR)-BINGO!!	19 9(IN)- Body, Mind, Spirit 10(IN)-Baking 11-(RM)-Rolling Library 1:30(IN) Catholic Church with Father Jscinta 2:00-Music with Joyce & Snack Cart	20 9(IN)-Body, Mind, Spirit 10(IN)-Disk Golf 11-Room Visits 2(DR)- BINGO!!	21 9(IN)-Body, Mind, Spirit 10-Garden Time 11(MP)- Magic  Table 1:00(IN)-Ring Toss 2(IN)- Ice-Cream Social	22 WNH Bake Sale Murray Corner Hall Anyone wishing to donate baked goods for this please contact Sharla at 506-538-9011
23	24 9(IN)-Body, Mind, Spirit 10(IN)-Music Morning 1(IN)-Resident Council 2:30-Garden Time & Ice-Cream Treat	25 Banana Split Day  9(IN)-Body, Mind, Spirit 10(IN)-Room Visits 11(MP)-Magic Table  2(DR)- BINGO!!	26 Dog Appreciation Day 9(IN)-Body, Mind, Spirit 10(IN)- Helping Hands 11(RM)-Rolling Library 1:30(IN) Church with Father O'Brien 2:30-Snack Cart	27 9(IN)-Body, Mind, Spirit 10- Washer Toss 11-Room Visits 2(DR)-Bingo	28 9-(IN)-Body, Mind, Spirit 10(IN)- Magic Table  11(IN)Room Visits 1-(IN) Balloon Volley  2:30(IN)-Birthday Party Music with Lori Hoffman	29
30 National Greif Awareness Day 	ROOM LEGEND: MP-Multi-purpose Rm. IN-Inner Lounge OT-Outer Lounge DR-Dining Room	BIRTHSTONE: <i>Peridot</i>	FLOWER: <i>Gladiolus</i>	ZODIAC: LEO (JULY 23-AUG 22) VIRGO (23-SEPT 22)	Activities are subject to change	